

REVIEW

A Work with Words Circle the letter of the choice that best completes the sentence.

- In _____ a person experiences a rising to new life and new identity as belonging to Christ.
a. Baptism
b. Eucharist
c. Confirmation
d. Church
- We receive the Body and Blood of Christ during the Sacrament of _____.
a. Baptism
b. Eucharist
c. Confirmation
d. Initiation
- _____ is the changing of bread and wine into the Body and Blood of Christ.
a. Confirmation
b. Salvation
c. Transubstantiation
d. Transfiguration
- One of the effects of _____ is that we experience a special outpouring of the Holy Spirit, which increases the Gifts of the Holy Spirit already working in us.
a. Baptism
b. Eucharist
c. Confirmation
d. Pentecost

B Check Understanding Complete each sentence with the correct terms from the word bank at right.

- The Church welcomes new members through the Sacraments of _____.
- In Baptism, the _____ is a reminder that God has chosen and called each one to be his own.
- The Rite of Christian Initiation of Adults ends with _____, a period of fifty days during which the newly baptized reflect on the mysteries of the sacraments.
- Like Baptism, the person confirmed receives a _____ on one's soul.
- During the Liturgy of the Eucharist, we remember what Jesus said and did at the _____.
- The Eucharist forgives _____ and helps us avoid serious sin.

Word Bank

Initiation
venial sins
Invitation
Chrism
mystagogy
Baptism
spiritual character
Last Supper
candle

C Make Connections: Evaluate Write a one-paragraph response to the question.

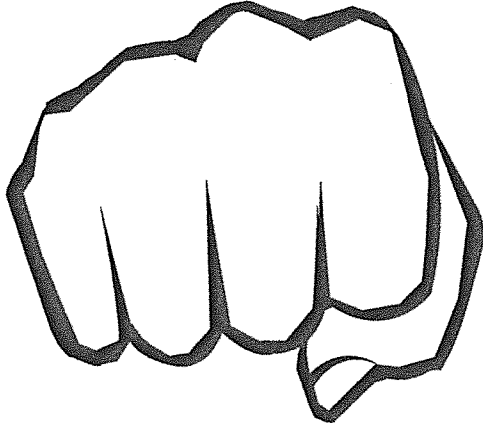
Which part of the celebration of the Eucharist is most meaningful for you? Explain your answer.

RESOURCE 4

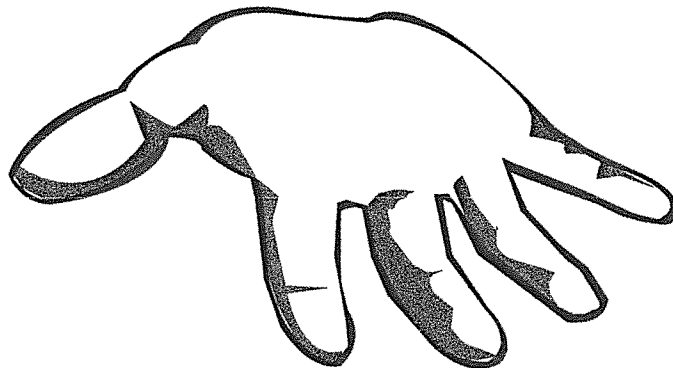
Two-Handed Healing

Use this sheet during private reflection. You will bring this to the closing prayer, but you will not be asked to share it with anyone.

On the fingers of the clenched fist, write down situations in your life that are in need of healing.



Choose one situation that you want to hand to God. Write it on the open hand.



Decide how you can hand this situation over to God.

A large rectangular box with a thick border, containing ten horizontal lines for writing. Two hands are shown at the bottom corners, holding the box as if presenting it.

No Junior High PSR on February 14

**Parents are strongly encouraged to make this
a Family Night by attending the
Ash Wednesday evening Mass together.**

Classes resume Feb. 21!



**Lent Begins
Ash Wednesday**

FAITH AT HOME PARENT RESOURCE

GRADE 7 ~ CALL TO FAITH: SACRAMENTS

Session 4: Forgiveness and Healing

Session Purpose

God heals us spiritually, emotionally, and sometimes physically. In this session, young people will learn how Jesus' words and actions reveal a compassionate God, one who is willing to forgive and heal those who turn to him.

Objectives

Learners will

- reflect on the challenges in their relationships and discover how God's forgiveness is the key.
- explore the Sacrament of Reconciliation to learn how we celebrate God's forgiveness.
- explore the Sacrament of the Anointing of the Sick and its effects.
- discover Scripture passages about healing and forgiveness.

Church Documents

For more background on session content, refer to *Catechism* paragraphs 1486, 1490, 1493–1497, 1529, and 2511.

In catechizing for the sacraments of healing, we must be honest and clear in teaching about the nature of sin—mortal and venial—its relationship to suffering, and the generous, healing compassion of our God.

—See *National Directory for Catechesis*, 36

Catholics Believe

God heals us spiritually, emotionally, and sometimes physically in the Sacraments of Healing.

- Jesus' words and actions show us that God is compassionate, always willing to forgive and heal those who are willing to turn to him and believe.
- In the Sacrament of Penance and Reconciliation, those who are truly sorry for their sins receive God's forgiveness and are brought back together with him and the Church.
- In the Sacrament of the Anointing of the Sick, those who are seriously ill or are suffering from old age receive God's grace to be strong, courageous, and hopeful in their trials.

Formation

To be a human being is to know suffering. Some pain is self-inflicted, while other suffering is a consequence of living in an imperfect world. Jesus fully embraced the human experience, and went through everything we do, except sin. He knew grief and what it was to suffer physical and emotional pain. Jesus entered into solidarity with our suffering, and he is the perfect agent of God's healing and forgiveness. Jesus has the authority to forgive because he is God. He brings healing and hope to the human spirit.

In what areas of your life can Jesus bring healing and hope for you?

Parent Prayer

Forgiving God, when I reach out to you in sorrow, you forgive. When I hand over my pain and suffering to you, you surround me with your mercy and your grace. When I am in darkness, Jesus stands with me, reaching out his forgiving & healing hands. Thank you, merciful God, for the wondrous gifts of forgiveness and healing. Help me to reach out with forgiveness and healing to my own family. Amen.

Helping Your Young Adolescents Learn about Our Faith

- Young adolescents need people in their lives who they know will not give up on them. First and foremost on that list is us, their parents or guardians. Through our example, they need to know that Jesus is always reaching out to them with his love and forgiveness. He does not give up on them! Neither do we!
- As the social relationships of young adolescents develop, they will be influenced by the values of the popular culture, particularly the sexual values reflected through such means as the media. Many adolescents feel confused and guilty about their emerging sexuality and their behavior. As their parents or guardians, we can help them navigate through these various messages. We can help them to see the value of the guidance of the Church and the Sacrament of Reconciliation as sources of grace and peace.

Faith at Home Activity

Because we are so close to each other, home can be the hardest place to say, "I'm sorry," to let go of grudges, and to extend our hands in forgiveness. It's easy to get on each other's nerves! Say this prayer together: *"Lord, help us forgive and be forgiving of each other's faults and failings. Help us treat each other with gentleness and forgiveness. Amen."*

In Christ,

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St. Peter Roman Catholic Church