

REVIEW

A Work with Words Complete each sentence with the correct term from the word bank at right.

1. The Sacrament of _____ consists of laying on of hands and putting oil on the forehead and hands while praying for the grace of the sacrament to strengthen the person.
2. _____ is being truly sorry for disobeying God and committing oneself to try not to sin again.
3. The Sacrament of _____ is the sacrament of forgiveness for sins committed after Baptism.
4. In the Sacrament of Anointing of the Sick, the sick person is united to Christ's _____.
5. _____ can mean many things: a return to God, sorrow for sin, trust in God's mercy, commitment to do better in the future, and more.

Word Bank

- Baptism
- Reconciliation
- Anointing the Sick
- suffering
- Contrition
- forgiveness
- conversion
- Eucharist

B Check Understanding Indicate whether the following statements are true or false. Then rewrite false statements to make them true.

_____ 6. Perfect conversion comes out of love for God above all things.

_____ 7. The Sacrament of Reconciliation is required for mortal sin committed after Baptism and recommended for venial sin.

_____ 8. The Sacrament of Reconciliation always includes contrition, confession, anointing, and absolution.

_____ 9. Priests in confession cannot tell anyone what you have told them; this is called the Seal of Confession.

_____ 10. Only priests can give the Sacrament of Reconciliation using the oil consecrated by the bishop during Holy Week.

C Make Connections: Synthesize Write a one-paragraph response to the question.

Write about a time when someone forgave you or a time when you forgave someone. What was the experience of forgiveness like and how did it affect your relationship?

RESOURCE 5

Healthy and Holy Commitments

Decide what your action plan will be for making healthy and holy commitments.

Write your concrete ideas in the spaces provided.

People who make healthy and holy commitments ...	My Plan
Rely on God's grace	
Participate in Eucharist weekly	
Receive the Sacrament of Reconciliation regularly	

You can rely on the strength of the sacraments to ...	My Plan
Maintain your commitments to virtues such as chastity and modesty	
Practice self-control	
Make good judgments	
Be faithful to yourself	
Honor your body by the way you act and the things you think and say	

FAITH AT HOME PARENT RESOURCE

GRADE 7 ~ CALL TO FAITH: SACRAMENTS

Session 5: Faithful Living

Session Purpose

In this session, young people will learn about how the Sacrament of Matrimony strengthens the couple to be a model of the love Christ has for his people, and how baptized men ordained in the Sacrament of Holy Orders dedicate their lives to God and the Church.

Objectives

Learners will

- explore how the Sacrament of Matrimony is a sign of Christ's presence.
- understand the Sacrament of Holy Orders and the priest's role as minister of Christ.
- determine how to make and keep healthy and holy commitments.

Church Documents

For more background on session content, refer to *Catechism* paragraphs 363, 1591, 1592, 1597, 1598, 1600–1664, 2396, 2397, 2400, 2529, & 2530.

Catechesis for the Sacraments of Marriage and Holy Orders should be given to the entire faith community, since it is part of their mission to foster healthy Christian marriage and priestly vocations.

Catholics Believe

The sacraments strengthen us to be faithful to our commitments and our relationships.

- The Sacrament of Matrimony strengthens the couple to live out their promises to be true and faithful, to be open to the gift of children, and to be models of the love Christ has for his people.
- All baptized persons share in the priesthood of Christ. Some men are ordained for special participation in the mission of Jesus. Through the Sacrament of Holy Orders, they receive the grace to act in the name of Jesus to lead and serve the Church community.
- Practicing and living by the virtues of modesty and chastity can help all people, no matter their state in life.

Formation

Catholic promises mean something. When we make a commitment to a spouse, make promises at a child's Baptism, commit to living for Christ in Confirmation, and promise to give our lives to ministerial service in Holy Orders, we make promises that have an impact on our lives and on the lives of others. These sacramental commitments are profound acts of faith that require profound faithfulness on our part. The truth is that Catholics willingly enter into a life of interdependence with one another. We call this living as a part of the Body of Christ. We depend on our loving God and rely on one another to make promises for the sake of each other, and to follow through on those promises.

What is one sacred promise you have kept, and how has it influenced your life?

Parent Prayer

God our Father, your Son, Jesus lived a life of honor and fidelity. May the Holy Spirit help keep me faithful in my relationships and help me live my commitments with joy. May I be a model to my child of what it means to keep promises and commitments and to help build up the Body of Christ. Amen.

Helping Your Young Adolescent Learn about Our Faith

- Young adolescents are gradually experiencing more and more freedom. With their expanding freedom, however, comes responsibility, and the challenge to be people of integrity. As their parents or guardians, our daughters and sons need to see truthfulness and integrity modeled in the way we live. We can look for opportunities to nurture and affirm them as they discover what it means to be true to one's self.
- When young adolescents personally experience having been let down, they may become cynical. They need to see that, while people fail, personal integrity does exist in people around them. Parents or guardians are called to the challenge of being people of integrity for their children!

Faith at Home Activity

Have a conversation at home about promises and the responsibilities that come with them. Gently challenge each other to live up to the promises you make to one another.